

CARELINES

A Quarterly Newsletter Published for the Friends & Families of Caldwell Hospice and Palliative Care, Inc.
Summer 2011

Eagle Scout Project: Robbins Center Nature Trail

Caldwell Hospice has benefited from the community's generosity and goodwill over the years. Recently, a local Boy Scout made his Eagle Scout project a lasting gift for Caldwell Hospice patients' families and friends, as well as staff. Hibriten High School rising senior Daniel Osborne, along with the helpers he enlisted, planned and built the Nature Trail and Creekside Patio at the Robbins Center.

Most Eagle Scouts spend about 200 hours on their projects, Osborne explained. "I knew it would be large, but not 400 hours. I never thought about turning back."

During many trips to CHPC's Kirkwood location with his scout troop to spruce up the Stevens PCU courtyard, Osborne developed a special feeling for Caldwell Hospice. For his Eagle Scout project, he wanted to do "something you know will last and will be characteristic of an Eagle Scout. I've always thought of Caldwell Hospice," he said.

Daniel began in May 2010, with approval of his Eagle Scout advisor, the scout troop's sponsoring church, Caldwell Hospice's board of directors, and the District Scout Council advisor. "I had to plan everything, call everyone, determine materials and funds, and make announcements at Tuesday night scout meetings." He counted on Scoutmaster Steve Barlowe to help with arbor and patio construction.



By July, Daniel and his team began the physical labor: rock, stump, and debris removal. Daniel invited the Hibriten High School football team to help clean out the creek.

Daniel "worked hard not to change the face of the trail," his mother, Sharon, said. "It stayed natural, but safe." The basic trail already existed as a four-wheeler trail at the creek.

The flooded retention pond behind the Forlines PCU created a gully, so they built a bridge.

Daniel completed the Nature Trail and Creekside Patio project in September 2010, with 12 on-site workdays, more than 70 individuals (30 teens and 41 adults), and \$1,692 in donated materials—wood, hardware, plants, table, and benches. Daniel used approximately \$400 of his own money. "We were proud of him," his mother said. "We know what a hard task it was."

The quarter-mile trail, located on the east side of the Robbins Center campus, is an easy walk through the surrounding woods; it is a calm and soothing place for families who need respite in emotionally hard times. Craig and Sharon Osborne's son is mature beyond his years and a compassionate friend to Caldwell Hospice. Involved in scouting since first grade, Daniel has learned many valuable skills for future use—in college and beyond.



Eagle Scout Daniel Osborne called on his family, friends, the Hibriten High School football team, and his classmates to help him reclaim the woods behind Caldwell Hospice's Robbins Center site in Hudson.



Patients' families, their friends, and Caldwell Hospice staff now have a quarter-mile nature trail where they can walk or sit and enjoy a calm moment or two.



From the Director's Chair: Coming Home to Residential Hospice Care

As we come to the end of the 2010-2011 fiscal year, let's look for a moment at occupancy numbers from our Stevens and Forlines patient care units (PCUs).

At Kirkwood, in our six-bed Stevens PCU, we have assigned four beds to general inpatient (GIP) hospice patient care and two beds for residential hospice patients. The average daily overall census has been 5.47, with residential totaling 1.54; our overall occupancy rate has been 90.86%, with residential at 84.80%.

At the Robbins Center, in our 12-bed Forlines PCU, we have assigned five beds to GIP hospice patient care and seven beds for residential hospice patients. The average daily overall census has been 11.59, with residential totaling 6.80; our overall occupancy rate has been 96.59%, with residential at 75.21%.

Over the past several months, Forlines PCU residents expressed interest in growing things, and our direct-care staff did its best to help, as you'll see in these photos.

After Board Member Janet Wilson planted lettuce and squash in a large courtyard planter, resident Dot Riggan picked lettuce leaves, added the salad dressing, and pronounced her salad "delicious."

On one sunny spring morning in the Forlines PCU courtyard, certified nursing assistants Juanita Carlton and Tammy Norman helped several residents fill planters with soil, dig holes for the tomato and pepper plants, water them, and encourage them to grow, under the watchful eye of resident Martha Reid, a "green thumb" gardener.

One patient at our Stevens PCU learned basic pottery skills, as well. We realize that our PCUs can't match all the lifetime memories built into the homes that residents leave when they come to us, but we are trying to make their living spaces as comfortable and inviting as possible. Our staff and volunteers are paying attention, listening closely, and finding ways—from the activities I've mentioned in this column, to preparing favorite meals, to taking residents on day-trips—to help them enjoy their new home with us.



Caldwell Hospice and Palliative Care Board of Directors

Parker Williamson
President

H. Houston Groome, Jr.
Vice-President

Peg Broyhill
Secretary

James C. Harper, Jr.
Treasurer

Robert Belk, MD
Claudia Bujold
Marc Carpenter
Joseph C. Delk, III
Laura Easton
David Gray

Jimmy Hemphill
Rob Hinman
Inez Jones
Deborah Murray
Tamra Beach Starnes
Janet Wilson
Janet Winkler

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919.833.4510. The license is not an endorsement by the State.

A Moment with Dr. Robert Belk: Understanding Dementia

Many of us know the suffering and disruption that dementia causes—for the people who have been diagnosed with it and for everyone who loves them. Dementia is a terrible disease, but if we take the time to learn more about it, we can care for and about our loved ones with greater skill and compassion.

Alzheimer's Disease is the most common type of dementia. It is caused by damage to nerves in the brain, and those nerves will die, eventually. The condition will get worse over approximately eight to 12 years, and the disease is terminal.

Vascular Dementia is caused by damage to the blood supply to the nerves in the brain; a person could suffer from both Alzheimer's and Vascular Dementia, at the same time.

Approximately 50 to 60 other types of dementia have been diagnosed, as well.

What we know absolutely: dementia changes everything for everyone involved. People who have dementia cannot change their behavior, but we can change our behavior and our expectations for them.

As the disease progresses, people will lose their short-term memory; ability to understand words, ability to control emotions, impulsive actions and speech; ability to understand sensory information (taste, touch, smell, etc.); recognition of even the nearest and dearest family members and friends.

People may become more sensitive to touch, sound, light, etc. They may still desire to communicate with others. Certainly, they will desire respect, although they are unable to demand that respect be paid. Music will still matter to them—and long-ago songs will get attention, while more recent songs, etc. will disappear.

For a time, at least, people with dementia will be able to hide what they can no longer do or understand. We as their family, loved ones, and friends need to learn as much about the disease as we can, so we can recognize the changes and not demand more of them than they can deliver.

For more information, contact: Nicole Rieger-Thomas, Foothills Area Program Manager, Western Carolina Chapter Alzheimer's Association, 1265-A 21st Street, NE, Hickory, NC 28601. You can call her at 828.267.3626.



Look for Caldwell Hospice Online

For general information about Caldwell Hospice, support groups, special events, volunteer training dates, driving directions to our inpatient facilities, archived copies of *Carelines*, palliative care program information, a list of our board members, or answers to questions about hospice care, look no farther than **www.caldwellhospice.org** Our updated, refreshed, rejuvenated website was the creative work of webmaster Nick Green. It "went live" recently, and we are proud of it: visually pleasing, easy to navigate, informative. Check it out!

For a brief but informative **video guide** to what Caldwell Hospice and Palliative Care is and what it does; to let friends and family members who live out of the area—or out of state—know about the end-of-life care we provide; to answer basic questions about hospice and palliative care, etc.—you can watch the new Caldwell Hospice and Palliative Care video at either of these online sites:

<http://www.youtube.com/jginteractive#p/u/7/aoXKnwzP5AQ>

<http://www.youtube.com/jginteractive>

You will see a menu of video samples to the right of the screen. Scroll down until you see *Caldwell Hospice and Palliative Care*. The creative folks at Jackson Group Interactive in Hickory completed the video for us, recently. Let us know what you think!

Contributions

MEMORIALS

Lillie Absher
John Bryd & Debbie
Coe

Patricia G. Adams
Don & Sue Lewis
Virginia Parrish

Roger M. Adams
Nancy Adams

Hazel M. Anderson
Mr. & Mrs. Horry M.
Kent, Sr.

Ralph Anderson, Sr.
Mr. & Mrs. Horry M.
Kent, Sr.

Shirley Anderson
Old EDS SPO Gang
Kim Johnson

Clayton J. Arnett
Millie West

Annie Austin
Linda Campbell

Della Auton
Elaine Brooks
Linda Campbell

Ruby Auton
Unifour Trail Bike Club
Inc.
Elizabeth C. Abel
Keith & Peggy Blinson
Charles & Billie
Braswell
Flaxen Brookshire-
Reid
John O. Hawkins
Lillian Lail
Norma A. Lindsay
Fred & Hazel McGee
Blanche Reid
Millie West

Pamela Bailey
Crestview Baptist
Church
RPM Wood Finishes
Group
Tony & Wendy Crump
Skip & Davanna
Downs
Sonny & Harriet Hines
K. Reed Lawing
Don & Elechia
Wimbish

Nelson Barlow
Kim Barnhardt

Jimmy Barnes
Anonymous Donor

Jewel Bean
Lela R. Annas

Ralph Bentley
Hanes Companies,
Inc.

Mary Bills
Caldwell County Farm
Bureau, Inc.
John Bills

Evelyn Blizzard
Blanche Reid

Norman Bodford
Mary McKinney, Jody
Prevette, Brooke &
Seleste Penley

Ellen Bohler
James & Hazel Davis

Pamela Sue H. Bolick
Iantha Bolick
Neil & Pat Piercy

Eula Bowman
Altrusa International
of Caldwell Co.
Keith & Peggy Blinson

Edward L. Boyd
Barney & Alliene Cloer

Betty J. Braddock
Ronnie & Patricia
Brown

Lana Braswell
Elaine Brooks

Dean Brittain
Ted & Marion
Beshears

Dean F. Brittain
Tommy & Phyllis High
Yvonne Dianne Keller

Hazel Brown
Mack Brown, Inc.
Oak Grove Baptist
Church
Randall & Angela
Miller
Carol C. Norris

Theo Brown
Chester Elementary
School

Opal Bryant
Linda Campbell
Dennis, Dewayne,
Brandon, & Daniel
DeBoard
James & Brenda
Maynor
Kay D. Moore

Ronald E. Bryant
Ruth Haas

James "Wayne" Bumgardner
Clarence E. Fox

David T. Bumgarner
Emelyne Williams

Margaret Bumgarner
Emelyne Williams

Verna Byerley
Elaine Brooks
Linda Campbell

Paul W. Calloway
Wanda G. Calloway

Jim Campbell
Linda Campbell

Rachel Cannon
Ron & Christine Beane

Walter "Fuzz" Cannon
Wanda Cannon

Inez H. Cantley
Clarence E. Fox

Alice Carlton
Elaine Brooks

Melba Carlton
Meadowbrook Baptist
Church
James A. Bradshaw
Leon & Ann Oakes
Katherine Steckler
Millie West

Betty Jo H. Chapman
Johnnie & Bobbie
Reece
G.W. Stevenson
Karen L. Stevenson
Sylvia J. Stevenson

Brenda Church
Elaine Brooks

Charles E. Church
Elaine Brooks
Linda Campbell

Richard Cline
Linda Campbell

Vernon H. Cline, Sr.
Jeanie Cline

Howard Coffey
Concord Baptist
Church
Marie Bumgarner

Peggy B. Coffey
Elaine Brooks
Linda Campbell

Richard Cole
John & Helen Dockery
Carla Gerringier
Jeff & Rita Joines
Gerald & Regina
Lackey
Rodney & Kathryn
McRary
Charles & Melanie
Shell
Rob Taylor & Vivian
W. Taylor
Barbara Whittington

Agnes B. Cook
Long Shoals Baptist
Church

J. Pauline Cook
Iris Coffey

Aaron Corpening
Irma Patterson

Avis Corpening
Health Options Long
Term Care
Lloyd & Helen
Abernathy Family
Becky Adderholdt
Nancy E. Allison
Sandra Bolick
Helen G. Boyd
Edward & Claudia
Bujold
Edith T. Cagle
Marc & Bennie
Carpenter
Cecil & Gladys Clark
Jean S. Corpening
Marty & Natalie Davis
Mitzi Davis-Mull,
Marty, & Natalie Davis
Skip & Davanna
Downs
K. Courtney
R. Drake
Sam & Kate Erby
Kenneth & Arlinda
Graham
Steve & Jennifer
Greer
Mr. & Mrs. Houston
Groome
Bradley & Bernadette
Humes
Harry & Mary Jo
Humes
Jody Hutchins
Harold & Pam Jones
Wayne & Connie Kirby
Bill & Sallie Kiser
Mark & Lynn Murphy
Sara M. Putzell
Fred & Phyllis Stanin
Marjorie H. Stogner
Judith Tarlton

Gertrude Craig
Richard & Paralee
Craig

Vernon Craig
Richard & Paralee
Craig

Lillie Mae Crane
Betty Simmons

Rebecca Crawford
Ann Doshi

Floyd L. Crouch
Ellen Eckerd & Family

James "Jim" Crump
Linda Crump

Sherlene Dancy
Harvey Dancy

Willa Davis
Edith Davis
Barbara Drum
Dennis & Jean Goble

William Deal
Sam & Kate Erby
Mr. & Mrs. Jack
Pennell

Mary Jean Debs
Paul Debs & Family

Bill Dillard
Elaine Brooks

James M. "Jimmy" Dingler
Peg M. Broynhill
Don & Madeleine Haas

Karen Doll
Ron & Christine Beane
Robert & Donna Belk

Melvin Duffey
John Duffey

Steve Duncan
Blue Ridge Electric
Membership Corp.
RPM Wood Finishes
Group
Kathleen Cooke
Irene Duncan
Millie West

Joseph W. Dyer, Jr.
Robert & Donna Belk

Billy Earp
Wesley Allen
Jeff, Lindsay, & Lucy
Barnwell

Mary Jane Farr
Dudley Shoals Baptist
Church
Dudley Shoals Baptist
Church, Naomi Class
Becky Adderholdt
Marc & Bennie
Carpenter
Marty & Natalie Davis
Mitzi Davis-Mull,
Marty, & Natalie Davis
Skip & Davanna
Downs
Dennis & Bessie Farr
Lowell Thomas & Jo
Nell Harrison
Mike Maynard
Linda Y. Throneburg

...Thank you for your love and kindness to our loved one....You were such a comfort to her in her last days.... May God bless each of you as you work to comfort your patients.... —a Caldwell Hospice family member

Contributions

Margaret L. Ferguson

Tim L. Andrews,
Maggie T. White
Robert "Bob" Floyd, Sr.
Lenoir Ladies Golf Assn.
Becky Adderholdt
John & Josephine Beall
Mr. & Mrs. R.L. Bush, Jr.
David Cloer
Mike Cornwell
Dr. Myra A. Dickson
Marion "Dougie" Dingler
Jack & Delores Estep
Mr. & Mrs. Houston Groome
Don & Madeleine Haas
Cecelia Hartsell
Vernon Henderson
Ottis & Alice Hightower
Jo Ann Hope
Sharon Jenkins
David, Rena & Tyler Johnson
Larry, Donna & Diana Laws
David & Geraldine Martin
Mike Maynard
Pat Myers
Eric Rader
Michael & Robin Shows
Louise Sullivan & Family
Stuart & Addie Tucker

Paul E. Ford

Yadkin Baptist Church,
Gerald Bolick Class
James & Mary Arnette
Bill & Peggy Austin
Gregory & Melanie Griggs
Chris Hayes
Roy Hayes
Gwyn & Elizabeth Icenhour
Glenn & Carole Isaacs
Tony & Marlene Setzer
Rod & Barbara Warren
John A. Forlines, Jr.
Peg M. Broyhill
Mr. & Mrs. Harley F. Shuford, Jr.

Levi Fox

Blanche Fox Sunday School Class
Marc & Bennie Carpenter
Skip & Davanna Downs
George & Eleanor Kirby
Lynda Sheffield
Dr. & Mrs. Dan Stallings
Susie Gentry
Jeff & Rita Joines
Richard & Linda Orr
James Edwin "Ed" George
Western Piedmont Council of Governments
Jimmy & Lisa Bennick
Keith & Peggy Blinson
Robert Blinson
Betty Buss
Jane Graham
Hal & Joyce Hall
Mr. & Mrs. James C. Harper, Jr.
Ward & Tootsie Story
Martha J. West
Emily D. Gibbons
Robert & Donna Belk
Phyllis Gibson
Gayle C. Price
Sylvia Golds
Grover & Rena' Courtney
M. Scott Gragg
Velma L. Brown
Ronald "Ronnie" Gragg
Goodson & Associates
Manor View Farm, Inc.
Shirley Kincaid
Tommie Gail & Teddy Saunders
Thelma Saunders & Family
Lucy Gray
Richard & Janice Gilbert
Margaret "Louise" Gray
Melvin Gray
Arvil Greene
Caldwell Hospice & Palliative Care Staff
Happy Valley High School Class of 1965
Linda Campbell

Jeffrey Eiskowitz
Mr. & Mrs. L.A. Smith
Paul A. Greene
Darius, Sandra, & Greg Triplett
Agnes Greer
Charles & Ann Greer
Judy Miller
Pamela Greer
Hancock & Moore
Tabernacle Advent Christian Church
Linda Campbell
Millie West
Charles Griffies
Patrick & Kay Crouch
Stewart & Carole Land
Millie West
Lionelee Gross
Carol T. Harris
Sara M. Putzell
Tracey Gullett
Linda Campbell
Alice B. Gurley
Dutch Fork Baptist Church, Senior Adult
Couples Class
Nursery Road
Elementary School
Elaine Brooks
Linda Campbell
William L. Melton

Conley Guy
Linda Haas
Mary L. Hallman
Nell Johnson
William W. Hamilton
Don & Madeleine Haas
Amy L. Hubbard & Geoff Kehoe
Vergie Haney
Millie West
Sheldon Harmon
First Baptist Church of Whitnel, Berline
Marshall Class
Lower Creek Baptist Church, Pennell Bible
Missionary Group
Betty Atwater
Terry & Cindy Austin
Ron & Christine Beane
Viola Bentley
Keith & Peggy Blinson
Robert Blinson
Charles & Billie Braswell
Tom & Annette Bryant
Ed & Linda Burns

Mr. & Mrs. James C. Bush, Jr.
Grace Caudle
James & Jill Childers
Cecil & Gladys Clark
Jeanie Cline
Bob & Vickie Clodfelter
Dr. Myra A. Dickson
Dwight Haigler
Charlotte M. Hamrick
Elizabeth A. Hamrick
Henry & Lisa Hoyle
Kathy G. Keever & Larry
Stewart & Carole Land
Pauline M. Laney
Edna Ledee
Mac & Peggy Martin
Jack & Debbie Mason
Dale & Linda Mathews
Rodney & Kathryn McRary
Frank & Lois Oakes
Frank & Karen Prince
Lewis & Pamela Ramsey
Tony & Marlene Setzer
Caroline Stelljes
Carl & Karen Tolbert
Dorothy K. Watson
Terrie Welsh
Ray Lee & Mary Wilson
Jack Helderman
Edith Helderman
Erma Helton
Richard & Paralee Craig
Theodore Helton
Richard & Paralee Craig
Belva Dean Hollar
Caldwell Hospice & Palliative Care Staff
Ralph & Loretta Annas
Ron & Christine Beane
Linda Crump
Ruth Garland
Jeff & Rita Joines
Doris J. Sams
Millie West
Doris Gail C. Hollar
Annie C. Miller
Jerry L. Hollar
John's River Baptist Church
Harold & Saunder Houser
Mildred Holman
Lois H. Benton

William & Janice Hinson
Bill F. Melton
James & Angela Rash
Samuel & Barbara Smith
Maude Holsclaw
Millie West
Tony Curtis "Curt" Hooks
Ernie & Brenda Cline
Sheila Deal
Kathy Hutchings
Ray & Vickie Kirby
Nettie B. Howell
Collier's United Methodist Church, Adult Class
Joshua & Brandi Cox
Roger, Jonathan & April Cox
Jamie, Jesse Woods & Karen Young

Jerry T. Huffman
Collettsville
Elementary School Staff
Ernie & Brenda Cline
Millie West
Michael Icenhour
Shane & Jennifer Icenhour
Robert Jenkins
Belle Prestwood
Kathleen Johnson
Rutherford College
First Baptist Church
Susan R. Johnson
Kaye Blair - Cedar Rock Garden Club
George & Ann Robinson
Bonnie Jones
Mary Ann Bodley
James Justice
Cleo Justice
Willie Sue Keller
Paul & Karen Hinkle
Gertie Killian
Keith & Peggy Blinson
Dock S. Lackey
Elaine Brooks
Harold E. Lail
Drs. Darab & Richardson, PA
Thomas R. Laws
Gwendolyn L. Allen
Patsy S. Frye
Mr. & Mrs. Jim Pope
Paula Teague

We want to express our sincere appreciation to all the wonderful personnel and volunteers that ministered to...all our family. During our loved one's illness...you were certainly a blessing, especially in helping control his pain and comforting him and just being there for him and us during his last days.—a Caldwell Hospice family member

Contributions

Carlos & Celia Travis
 Pearle B. Walker
Robert L. Livingston
 Keith & Peggy Blinson
 Rob Taylor & Vivian W. Taylor
 Millie West
Donald Lyons
 Blue Ridge Senior Golf Association
 Friendship United Methodist Church
 Edna Artz
 Phyllis C. Bollinger
 Ed Lyons
 Ernest Lyons
 Eugene Lyons
 James "Red" Lyons
 Rachel Lyons
 Helen L. Norris
 Gail L. Shelton
 Kathy Shimmel
 Frank & Joy Shinn
Dottee Mackie
 James & Frances Crawley
George V. Martin
 Johnny & Karen Ellison
 Lou McRary

Pinky Martin
 Jim & Toy Greene Family
 Life of God Christian Outreach
 Mr. & Mrs. Arlow E. Greene
 Millie West
Ann W. McCall
 Jim & Toy Greene Family
 Maxine Black & Lynne Black
 James A. Bradshaw
 Nina Pritchard
 Dr. & Mrs. J.C. Smith
 Wayne & Sue Smith
 Billie S. West

Johnsie McCall
 Claudine Moore
Jean McCorkle
 Stephen McCorkle
Mary McElveen
 Barbara Whittington
Ruby McKinney
 Joyce M. Jackson
Robert McRary, Sr.
 Hazel R. Keller
Kathleen Melton
 Ron & Christine Beane

William "Buddy" Mikeal, Jr.
 Mr. & Mrs. Horry M. Kent, Sr.
William "Sonny" Mikeal
 West Lenoir Baptist Church, Married
 Couples Class
 Ron & Christine Beane
 Keith & Peggy Blinson
 Charles & Billie Braswell
 Leona R. Bryant
 Marc & Bennie Carpenter
 Joe & Carol Famulary
 John & Jean Haskin
 Jeff & Rita Joines
 Joyce Knight
 Dennis & Betty Mackie
 Jim & Hilda McElveen
 Claudine Moore
 Barbara Presnell
 Roger & Betty Register
 Darrell & Luda Richards
Helen Miller
 Millie West
Clarence Milsap
 Gene & Sandy Duncan
Ruby Mitcham
 Center Grove Baptist Church, JOY Club
 Family Life Sunday School
 Clarence E. Fox
Sylvia Monroe
 Darrell & Dottie Lloyd
 Mr. & Mrs. Douglas Lloyd
D. Gerald Moore
 Claudine Moore
Hazel A. Moore
 John D. & Willa Dean Beamer
Johnsie Moore
 Elaine Brooks
R. Hughes Moore
 John D. & Willa Dean Beamer
Ruby E. Mulwee
 Ruby E. Mulwee Family
 Thursday Bridge Club
 Sandra L. Blackburn
 Mr. & Mrs. James S. Chester
 Dr. & Mrs. C.W. Ellison
 Norm & Linda Noe
 Lamar C. White

Peggy Munday
 T/Sgt. & Mrs. Lewis C. Blackwood
 Skip & Davanna Downs
 John O. Hawkins
 Mary Ollis-Hornbuckle
 Millie West

Pearl Nelson
 Linda Campbell
Ruth F. Nelson
 Aqua Motion Class, Quest 4 Life
 Tuesday Bridge Club
 Reba Coffey
 Margaret A. Faw
 Trina Haigler
 Janeil M. Jarrett
 Linda W. Lowe
 Wanda Medlock
 Kathleen Thomas
 Ada F. Wortman
Michael Nero
 Rebecca Braswell
Harold Norman
 Caldwell County Schools Social Committee
Harry "Alan" Pearce
 Keith & Jan Betts
 Bruce & Sharon Bolasny
 Ronald & Alma Brittingham
 Mrs. Earl Conaway
 Mr. & Mrs. Edward Daino
 Helen Flamm
 E.J. & Marjorie Steiner
 Terri B. Thomas
 Mr. & Mrs. Ralph Williams
 Franklin & Virginia Young

Dennis Michael "Mike" Pendley
 Caldwell Hospice & Palliative Care Long-Term-Care Team
 CommScope Inc., Disbursement Dept.
 High Peak Baptist Church
 Gail V. McNeil
 Doris F. Wallace
Frances M. Pennell
 Joyce M. Clifton
 Linda Crump
 Rob Taylor & Vivian W. Taylor

Georgia S. Pennell
 Union Baptist Church
 Jeanne Baker
 David & Joyce Beard
 Keith & Peggy Blinson
 Harold Clark
 Charles & Shirley Foushee
 Don & Madeleine Haas
 Martha McGee
 John & Betsy McRee
 Blanche Reid
 Ms. B.J. Setzer
 Millie West
 Davy, Lois, & Amber Whittington
Lewis Pennell
 Henry & Janet Pennell
Sadie Pennell
 Calvary Baptist Church
 Livingston Cousins
 Leslie F. Rhoades
 Ms. B.J. Setzer
 Rob Taylor & Vivian W. Taylor
Faye Phillips
 Linda Campbell
Elmer Philyaw
 Linda Campbell
Patsy Pitts
 Elaine Brooks
 Linda Campbell
Virginia S. Pope
 David & Carol Casey
Barbara L. Price
 Eddie & Janis Greene
 Don & Judy Jones
 Rodney & Kathryn McRary
 Tom & Nancy Pennell
 David & Gloria Reese
James Price
 Betsy C. Peacock
Virginia L. Proctor
 Richard & Rosemary Marlowe
Bill Rainey
 Keith & Peggy Blinson
 Rob Taylor & Vivian W. Taylor
 Millie West
Bobbie Jean Reece
 Helen Underdown
Lloyd Dean Reese
 David & Gloria Reese
Elizabeth H. Reid
 Jacob Reid
Robert J. Reid
 Keith & Peggy Blinson
 Charles & Billie Braswell

Ruth H. Reid
 RPM Wood Finishes Group
Travis Richardson
 Briscoe Family & Don Lambert Children
 Darla D. Carter & Family
 William & Teresa Dugger
Anna M. Rosen
 Pat Jordan
William R. Runyan
 Caldwell Memorial Hospital Pathology Dept.
Lorena Schmeier
 Lower Creek Baptist Church, Mary-Martha SS Class
 Lower Creek Baptist Church, Adult Five Seekers Class
 Bob & Dora Lee Caudle
 Ms. B.J. Setzer
 Helen Underdown
Dermont G. Setzer
 Linda Crump
 Ms. B.J. Setzer & Vickie Setzer
Franklin Delon Setzer
 John D. Looman
 Allen & Gail Stewart
Gwendolyn Setzer
 Ron & Christine Beane
 Tom & Nancy Pennell
 Ms. B.J. Setzer & Vickie Setzer
Juanita Setzer
 John Setzer
Ora R. Sherrill
 Elizabeth A. Sherrill
Sloan H. Sherrill
 Jakobczyk Family
 Rate Setting Staff
 Chris & Janet Aiken
 Judge & Mrs. Bob Brady
 Ronnie & Patricia Brown
 Buddy & Donna Christian
 Mr. & Mrs. Gary Cross
 Shirley Eckerd
 Diane Hamby
 Christine Johnson
 Georgie B. Martin
 Maclyn H. Powell
 Ralph & Jane Prestwood

Our family would love to thank you for the care you gave our loved one. Each and every one of you are true blessings from the Lord. all of you made a special place in our hearts....—a Caldwell Hospice family member

Contributions

Bryce Sherrill
Bob & Mary Watson
Barbara Sides
Mt. Zion Baptist
Church, Cynthia
Marshall's Class
Clifton Stoffregen
Julius J. Simmons
Millie West
JB Sluder
John's River Baptist
Church
Cecil F. Smith
Mountain Grove
Baptist Church, Ron
Beane Class
Ron & Christine Beane
Mary P. Moretz
Pauline H. Smith
Clarence E. Fox
Betty Spengler
Callie K. Brown
James Gary Starnes
Center Grove Baptist
Church, Willing
Workers SS Class
Clarence Steele
Betty Phillips
Linda B. West
**Novella Mitcham
Strong**
Oliver W. Strong

Vera Sullivan
Coffey, Lovins, & Co.
Hibritan Village Phase
II
Elizabeth S. Branch
Flaxen Brookshire-
Reid
Larry & Elaine Church
Barbara Forbes
Steve & Linda Gilbert
Mr. & Mrs. James
McCarl
Charles & Lorraine
Minton
Marjorie Pearson
Mary A. Setzer
Gary & Janet Winkler
Earl H. Tate
Ginger Compton
**John D. "JD"
Teeters**
Keith & Peggy Blinson
Marc & Bennie
Carpenter
Mr. & Mrs. L.F. Queen
**Billy "Joey"
Thompson, Jr.**
Bruce & Gail Craig
James Cochran &

Virginia Spear
Millie West
**Mary Hood
Thompson**
James A. Bradshaw
Judge & Mrs. Bob
Brady
Charles & Billie
Braswell
Barbara Bumgarner
Rachel Bumgarner
Barney & Alliene Cloer
Donna H. Diamonti
John & Helen Dockery
Skip & Davanna
Downs
Mr. & Mrs. Houston
Groome
Jeff & Rita Joines
David & Geraldine
Martin
Rodney & Kathryn
McRary
John & Betsy McRee
Elizabeth A. Sherrill
Johnny & Jeanette A.
Turner
Leonard & Linda West
Faye Tolbert
Oakwoods Baptist
Church
Geri P. Cook
Sarah P. Townsend
NEPTCO Incorporated
Dale & Joann Engle
Glenn & Carole Isaacs
Gene W. Triplett
Triplett Family
Foundation
June G. Triplett
Blue Ridge Electric
Membership Corp.
Alice R. Austin
Barney & Alliene Cloer
Dr. Donald W. Lackey
Anneal T. Ledbetter
Daniel & Linda Morgan
Greg & Pam Pilkenton
Millie West
**Anna Katherine
Walker**
Dr. Myra A. Dickson
Bradley Walker
Linda Campbell
Daisy Walker
Linda Campbell
Katherine H. Walker
Ben & Judy Miller
Mack Wall
Clegg's Termite & Pest
Control, LLC
Gelly Family

Brenda Bower
Mary G. Carroll
Barney & Alliene Cloer
Jan Gordon
Mrs. Mickey Gordon
Paula Kirkman
Donna Marada
Ann G. Mims
Tom & Diane Nichols
Lewis Prestwood
Nancy Prestwood
Ward Prestwood
Mr. & Mrs. L.F. Queen
Millie West
Ray Lee & Mary
Wilson
Rita Watson
Millie West
Ruth Watson
Linda Campbell
Jewette P. Weber
Cobby Fulmer
Cleo Justice
Mr. & Mrs. Joe
Stamper
Mary E. Wheeler
Mr. & Mrs. James F.
Eller
Linda Haas
**Dorothy M.
Whisnant**
Hickory Sportsman's
Club
Jim & Liz Correll
Phyllis Earp
Elizabeth D. White
Tim L. Andrews,
Maggie T. White
**William "Bill"
White, Jr.**
Tim L. Andrews,
Maggie T. White
William White, Sr.
Tim L. Andrews,
Maggie T. White
Teresa Wike
Stuart & Nancy
Sigmon
Dave Lee Wiley
RPM Wood Finishes
Group
Tender Care Products
Joyce Knight
Frank & Barbara Wiley
Robert Wilken
Judge & Mrs Bob
Brady
Sara M. Putzell
Larry D. Wilson
Sherrill Furniture
Mel & Wanda Cave &
Barbara Hackney

R.S. & Margie Miller
Tonya J. Miller
Micheal S. Winkler
Keith & Peggy Blinson
Charles & Billie
Braswell
Davy, Lois, & Amber
Whittington
Doug, Marie, &
Carolyn Winkler
**Cynthia C.
Woodcock**
Jackie C. Storie
Lonnie Woods
Elaine Brooks

HONORS
Reba Barlow
Elaine Brooks
Roy & Reba Barlow
Dawn Cannon
Baxter & Vicki Decker
Rose R. Greer
Anne Nichols
Terry Lee Patterson
Mr. & Mrs. John J.
Roberson
Bill & Nancy Swanson
Patrick, Anita, Seth, &
Caleb Wilson
**Fred & Marty
Barnes**
Alex Holden - Holden
Foundation
Dr. Robert Belk
Elaine Brooks
Tim L. Andrews,
Maggie T. White
**Robert & Donna
Belk**
Tom & Peg Broyhill
Alex Holden - Holden
Foundation
Steve Butler
Rodney & Kathryn
McRary
Juanita Carlton
Elaine Brooks
Tracey Carrier
Catawba County
Chapter Medical
Assistants
Lisa Chapman
Sandra Farmer
Charles Church
Linda Campbell
Dottie Darsie
Tim L. Andrews,
Maggie T. White
Clark & Sherry Ford
Alex Holden - Holden
Foundation

Eula Fulbright
Pearl Grant
Judith Hamby
Alex & Beth Holden
Alex Holden - Holden
Foundation
Marjorie Holden
Alex Holden - Holden
Foundation
Helen C. Johnson
James Johnson
William Johnson
Dottie Metzger
Elaine Brooks
Jenni S. Patterson
Elaine Brooks
Dr. Thomas Ray
Catawba County
Chapter Medical
Assistants
Elaine Brooks
Johnny Ray & Creola
Dula
Sharon Robbins
Helen Miller Family
Beth Shore
Helen Miller Family
**Dr. & Mrs. L.N.
Shull, Jr.**
Elaine Brooks
Cathy Swanson
Elaine Brooks
Sherrie Thomas
Kathleen Thomas
Louise Thompson
Maxine Smith
Roger Tolbert
Edna H. Tolbert
Mary Jane Triplett
Elaine Brooks
Sonya Triplett
Johnny Ray & Creola
Dula
Becky Warren
Randall & Angela
Miller
Olan Whisnant
Linda Campbell
Randy, Richard, &
Roger Whisnant
Margie Wilson
J. Dykes Wilson

IN-KIND
Anything Office
Baton Baptist Church
Bernhardt Furniture
Co
Bethel Advent
Christian Church
WHFM

On behalf of ...our family, I would like to thank you for your ministry of service to our loved one. We appreciate your loving care...and for being there for our family and friends. It was a difficult time for us which was made easier because of you....—A Caldwell Hospice Family Member

Contributions

There are hardly words to say how we feel about a wonderful place called... the Robbins Center. The love and care you gave our loved one was so special to her family who loved her so much...she was a truly Godly woman who treated people just as you treated her and the light of our lives. Thank you from all our hearts...—a Caldwell Hospice family member

Caldwell County Council for Women	Christian Church Xi Gamma Rho Sorority	Daisy Walker Brenda Woods	Cedar Rock Baptist Church	Marshall Class
Calvary Baptist Church	Yadkin Valley Baptist Church, Golden Nuggets	Alvin "Zero" Webb Nancy Webb	Center Grove Baptist Church	Hibriten Baptist Church
CCC&TI Business Club	Elizabeth Beard	Sheri White Wilwood Church	Center Grove Baptist Church, JOY Club	High Peak Baptist Church
Cub Scouts #299	Dr. Phyllis Blair	IN-KIND HONORS	Center Grove Baptist Church, Willing Workers Class	Hudson United Methodist Church
Dry Ponds Baptist Church	Leigh Burnette	Mr. & Mrs. Curtis Powell	Clover Baptist Church, Andrew Class	John's River Baptist Church
First Baptist Church of Granite Falls WMW Prayer Group	Don Bush	Dry Ponds Baptist Church	Clover Baptist Church, Berea Class	Life of God Christian Outreach
First Baptist Church of Hudson	Phyllis Cannon	Homer Townsend Marie Townsend	Collier's United Methodist Church, Adult Class	Livingston Memorial Baptist Church
First Wesleyan Church Women's Group	Opal Clark		Concord Baptist Church	Long Shoals Baptist Church
Food Lion	David Colvard	CONTRIBUTORS	Crestview Baptist Church	Lower Creek Baptist Church, Pennell Bible Missionary Group
Free Spirit Baptist Church	Harold & Rachel Earley	Anonymous Donor	Dudley Shoals Baptist Church	Lower Creek Baptist Church, Adult Five Seekers Class
Friendship Baptist Church Auditorium Class	Margaret Forney	Blue Ridge Pioneers Telephone Retirees & Partners	Dudley Shoals Baptist Church, Naomi Class	Meadowbrook Baptist Church
Friendship Baptist Church of Hudson	Judy Kilby	Furniture Brands	Dutch Fork Baptist Church, Senior Adult Couples Class	Mountain Grove Baptist Church, Living Word Class
Girl Scout Troop	Donna Marada	Greer-McElveen Funeral Home	East Flat Baptist Church	Mountain Grove Baptist Church, Ron Beane Class
Grandview Park Baptist Church	Shane Michael, Camelot Manor Nursing Care Facility	Joyce Fare	Ebenezer United Methodist Church	Mt. Zion Baptist Church, Cynthia
Holladay Surgical Supply	Sabine Miller	Travis Hartley	Faith Baptist Church	Marshall's Class
Hudson United Methodist Church	Mr. & Mrs. Wayne Miller	James & Donna Hildreth	Family Life Sunday School	Oak Grove Baptist Church
Hudson United Methodist WMU	Marti Paisley	Paul & Sally Hunsucker	First Advent Christian Church, Hattie Steele Circle	Philadelphia Lutheran Church, WELCA
Indian Hills Baptist Church	Linda Price	Don & Joyce Kirkpatrick	First Baptist Church, Granite Falls	Refuge Missionary Baptist Church
Moore Trust	Charles Triplett	Ralph & Carol Parsons	First Baptist Church, Hudson	Rutherford College
Mt Ephriam Baptist Church Youth	Linda Walker	Emmit & Cindy Penley	First Baptist Church, Whitnel	First Baptist Church Setzer Creek Baptist Church
Mt Zion Baptist Church	Ray Walker	Fred Prince	First Baptist Church, Whitnel, Berline	Sunrise Baptist Church
Mulvale Baptist Church	Grace Watson	Dr. & Mrs. Charles Scheil	Marshall Class	Tabernacle Advent Christian Church
Piney Grove Baptist Church WMU	Joyce Watson	Roger Shatley	Flemings Chapel Baptist Church, Adult Men II Class	Temple Hill Baptist Church
Procare	Larry Whitlock, NC Health Horizons, LLC	Dr. C. James Walton	Friendship United Methodist Church	Union Baptist Church
RPM Wood Finishes Group Employees		Mary Williams	Grace Chapel United Methodist Church	Yadkin Baptist Church, Gerald Bolick Class
Shaire Center	IN-KIND MEMORIALS		Grace Chapel United Methodist Church, Lee	Yadkin Valley Baptist Church, Golden Nuggets
St James Episcopal Church	Richard Cole	RELIGIOUS ORGANIZATIONS		
Subway	William Deal Deal Family	Blanche Fox Sunday School Class		
Union Grove Baptist Church	Linda D. Dean	Cajah's Mtn Baptist Church		
Welcome Home Baptist Church	Lenoir First Freewill Baptist Church	Calvary Baptist Church		
Wildwood Advent	Chris Carter & Alice Barber			
	Albert Gaebel Beverly Gaebel			
	Robert Jenkins Warrensville Baptist WMU			
	Pinky Martin Judy M. Greene			
	Roy Spears Martha Spears			

*Caldwell Hospice and Palliative Care, Inc., gratefully acknowledges memorials and contributions received between 01 January and 31 March 2011. Please notify us if we have omitted a donation from this listing. Contributions received after 31 March 2011 will be listed in our **Fall 2011** issue.*

Newsletter mailing list policy. Carelines is published four times a year. Each person who makes a contribution to our hospice during the six months prior to a mailing will receive the next two issues. Individuals may ask to be placed on our "do not remove" mailing list; in that case, they will continue to receive the newsletter every quarter.

Contributions

STATE EMPLOYEES COMBINED CAMPAIGN

Dean F. Barnes
Mickey S. Bunton
Jonathan E. Carpenter
Dr. Tonya S. Coffey
William Cooper
Doris L. Evans
Jonathan A. Flora
Julie H. French
Jamie S. Frisbee
Pamela M. Harrold

Joy A. Hicks
Ralph L. Howard, Jr.
Joshua Brian Jarrett
Michael W. Jenkins
Michiel W. Jenkins
Sarah C. Jennings
David A. Johnston
Angela A. Kidd
Dr. Tammy K. Kowalcayk
Scott A. Lail

Burton L. Leonard
Kimberly H. McGlamery
Christopher P. Miller
Dr. Gary B. Moorman
Robert E. Parsons
Dr. Myra L. Pennell
Rick C. Presnell
Jeffrey D. Ray
Marshall C. Robbins
Dr. Anne E. Sanders

Stephen Carroll Self
Dr. Gwen Sherwood
John T. Strickland
Shirley M. Swanson
Carole I. Sweet
George T. Vaughn
Christina L. Waggett
Crystal C. Ward
Clifford R. Whipkey
Thomas L. Woodie
J. Steven Young

Faces of Hospice: We Remember "Family"



Hospice care providers are accustomed to meeting patients at the end of their lives, developing plans of care with them, offering emotional support to them and their loved ones—that is what we have been trained to do. We bring our hearts and our minds, our emotions and our professional skills to our jobs. We care about our patients and take it as a compliment when their loved ones speak of us as "part of the family."

We are members of the "hospice family," too: our Caldwell Hospice co-workers and the teams at neighboring hospices with whom we interact, as we help each other to help patients and families. Our hospice family has suffered some losses of its own over the past few months. We want our readers to know the people we will be missing.

Caldwell Hospice lost two members of its family in March 2011. **Sloan Hunike Sherrill**, a medical social worker who treated every patient like a member of her family, died unexpectedly. In the photo above (left), you can see the compassion, the intensity, and the mischievous gleam in Sloan's eyes. She was loved by her husband Brandon, her parents and family, and her co-workers, especially the close-knit group of social workers with whom she shared work and play.

Paulette Herman Church (pictured above, center-left) was what we call an "as needed" nurse in our Stevens Patient Care Unit for several years; whenever we needed her, she came to care for the patients. She was a Caldwell Hospice volunteer, a wife, a mother, a grandmother who doted on those grandchildren, and a valued member of her church. Paulette was a "giver" of the truest kind, even as her health failed her. At the end, we were allowed to give back, as we cared for her in the PCU where she had cared for so many.

Ron LaSalle, Burke Hospice's chief executive officer (pictured above, center-right), moved to Burke County in December 2002. He was involved in the Morganton Kiwanis and Valdese Rotary clubs; volunteered at Burke County United Way and the Good Samaritan Clinic; served on the Burke Co. Public Schools "safe schools" task force; was president of the Burke Co. Chamber of Commerce, and was a member of the Waldensian Presbyterian Church. LaSalle earned Hospice and Palliative Care Administrator national certification in 2008. Diagnosed with esophageal cancer in 2009, he took on an intense regimen of traditional and alternative therapies. After a long, well-publicized battle, he succumbed to cancer on April 29, 2011.

In mid-June 2011, we said farewell to another member of our Caldwell Hospice family, when **Judy Bauman** (pictured above, far right) finished her cancer journey. Judy served as a patient-family social worker when she first came to Caldwell Hospice before coordinating our Transitions program until her retirement. Even then, she continued to visit her clients because Judy didn't know how not to care for others. Selfless, compassionate, generous, with a beautiful singing voice to match her gentle spirit. Her husband, children, grandchildren, sisters, friends, and Caldwell Hospice family mourn our loss.

Caldwell Hospice Volunteers Update



Volunteers' Length of Service Recognized.

Standing (L to R): Flaxen Brookshire-Reid (five years), Janet Swanson (15 yrs.), Laura Hammerick (15 yrs.), Lucy Lowe (15 yrs.), Mary Jane Triplett (five yrs.), Robert Gardiner (five yrs.), Doug Thee (10 yrs.); seated (L to R): June Dawkins (20 yrs.), Joella Shore (20 yrs.), CHPC Board Member Tamra Beach Starnes (20 yrs.), Judy McLean (20 yrs.), Larry Estes (10 yrs.), Bennie Kincaid (10 yrs.).

Volunteers who are not pictured include CHPC Board Member Jimmy Hemphill (25 years); Bill and Imogene Clippard (20 yrs.); Bob McClure (15 yrs.); Patricia Church, Diana McNeil, Linda Myers, and Nancy Prestwood (10 yrs.); Lisa Barnette, Dewey Bowen, Kimberley Griffin, De Martin, LaKenya Perry, Twilla Phipps, Susan Reese, Patricia Saunders, Cheryl Simpson, Woody Smith, Barbara Weiller, and Bonnie Wilkerson (five yrs.).



The June 2011 volunteer training group is pictured above: (back row, L to R) Al White, Patrick Swanson, Megan Spears, Karen Winebarger, and Andrea Woods; (front row, L to R) Regina Sanders, Kendele Moore, Beverly Lawrence, Happy Austin, Rosalind Johnson, Tiffany Garnes, and Jim Munday.

Hazel Warlick's Volunteer Stories. Hazel Warlick learned about Caldwell Hospice when her husband was our homecare patient, and a CHPC volunteer visited them. When her husband was admitted to the Stevens patient care unit, Hazel sat with him. After his death, she didn't attend grief counseling opportunities, choosing to handle her grief in her own way. The bereavement staff assured her that, if she needed someone, she could call. She now attends the Good Grief meals, held at area restaurants and offering fellowship as well as food.

Hazel became a volunteer in 2004 (see photo: Hazel is at far right of group), and she began serving in many ways:



making coffee, setting out snacks, etc. for workshops or community programs; working in Kirkwood's Stevens patient care unit every other week to help make patients' beds, carry ice water to them, etc.; visiting patients in their homes and in long-term-care facilities, and serving as an 11th Hour volunteer. This last assignment requires additional training because these volunteers are with patients and their families during what will likely be the patients' final 24 to 48 hours. "You meet such nice people," Hazel said. "It's amazing how they handle the end of life; they are so humble."

It often helps families to talk about other subjects, Hazel learned, to get their minds off the sadness, to help them cope. Sometimes, family members express uncertainty about issues connected to their loved ones. When they ask "What do you think?" Hazel turns the question back to them, knowing that it isn't our place to "tell them what to do." They usually talk out what bothers them and what they think should be done.

Volunteering with CHPC is more rewarding than people imagine. Hazel got to know one patient at a long-term-care facility well enough to feel "almost like one of the family." Since the patient's passing, she sees some family members in the community, at meetings, etc. "They say, 'I hope you'll be there for me,' and I feel like I really did something to help them," Hazel said.

Volunteer training is detailed, but how to handle every situation can't be covered, so some learning comes with experience. One patient at a long-term-care facility became agitated when people rubbed her

(continued on page 12)

Ashewood Grief and Counseling Services

Grief Camp. The relationship between Hayley Cole and her nine-year-old daughter Zoey is grounded in love and appreciation. Hayley smiles when Zoey announces, "I want to be famous when I grow up." Then Hayley recounts their story of grief, loss, and support from Caldwell Hospice and Palliative Care.

After her mother Vickie Allred died in 2006 at Caldwell Hospice's Stevens Patient Care Unit, Hayley turned to our bereavement support services and brought Zoey with her. Chaplain Steve Butler told Hayley about Good Mourning Children's Grief Camp for children between the ages of six and 12 who have lost a loved one to death. When Zoey was old enough, Hayley made sure that she was registered to attend what Zoey, a three-time veteran, calls "Nanny Camp."

Each year, we begin with a theme and use arts and crafts, games, storytelling, journal-writing, and the children's interaction with each other to explore grief. Hayley's favorite theme, as a parent, was "Roadtrip Adventures." It "was a map of what happens during the grief journey; it helped us know what to expect."

The children made wind chimes at the 2010 Grief Camp. Zoey's grandmother "collected wind chimes, and her favorite color was purple," Hayley said. "It was so pretty. We hung it in the house, so it would be protected from the weather. It's hanging over a vent, and when the furnace or A/C fan cuts on, we hear it."

Hayley explained that the afternoon meeting time set aside for parents and guardians "offers them the main idea of what the children have done, what the theme is, and opens doors for the whole family to talk at home, to build off that day's experiences."

Sometimes, adults try to shield children from the pain and sadness of losing a parent, grandparent, sibling, or friend. They worry that talking about death may be upsetting. Caldwell Hospice's Grief Camp, Hayley said, "is not like how people think of

therapy—it's like *play therapy*." When the grief is deep and difficult, Hayley explained, Grief Camp "helps families recognize signs that a child might need further counseling to cope with the loss."

"The focus is on the kids," Hayley stated, but "its lessons apply to anyone—not in a threatening way. It creates a safe way to help the children or other family members who are experiencing grief."

The 2011 Grief Camp welcomed 18 children to explore "The Colors of Grief" on May 7. It was sponsored by Greer-McElveen Funeral Home and Crematory and a special friend to Caldwell Hospice.



Hospice Foundation of America's 18th annual Living with Grief educational program.

"We want people to die pain-free. We want the same thing for the spiritual part of their lives."

An audience of approximately 50 healthcare professionals and lay people gathered in The Robbins Center to explore "Spirituality and End-of-Life Care" through a national panel discussion, led by veteran CNN Correspondent Frank Sesno. Afterward, a panel comprised of CHPC's Chaplain Steve Butler, Chaplain Nancy Campbell, medical social worker Kimberly Setzer, and nurse Nancy Wallace (pictured above with Bereavement Support Specialist Brittany Bonn) offered a local perspective on walking with hospice patients on their spiritual journeys at the end of life.



Pictured (L to R): Hayley and Zoey Cole share memories of previous Grief Camps; volunTEENS and children create "The Colors of Grief" mural; camper uses sand art to express the colors of grief.



Hazel Warlick's Volunteer Stories

hands or arms, but one family member didn't believe that. She got angry when another family member asked her to stop. Hazel tried a different approach, saying, "When my husband was sick, I noticed that touching him sometimes caused him discomfort." This didn't change the woman's mind, but the other family member followed Hazel to the hall and thanked her for trying.

At another long-term-care facility, Hazel went to sit with the patient. When she entered the room, the patient's daughter said, "I don't know who you are or why you're here. I didn't call you." The patient's sister had called for a volunteer, but the daughter hadn't been told. Hazel apologized, told the family she would be thinking of them, got her jacket, and prepared to leave. Outside the room, the daughter apologized and thanked Hazel.

One day when Hazel arrived at the Stevens Patient Care Unit to visit a patient, she saw the grandson sitting in the courtyard. Had he been in to see his grandmother? "No." They talked a few more minutes, and she asked whether he would like to go in with her to visit. "No." She walked to the entry and motioned for the boy to join her. He decided to go with her. They talked about the many lessons he'd learned from his grandmother—how to drive the tractor, the lawnmower, and then his grandfather's truck.

From Hazel's own experience when her husband died in the Stevens PCU, she remembers the sense of being in a special place. The CNAs lit a candle in her husband's room, she recalls, and assured the family members they could stay in his room as long as they wished. They used the time to tell stories and remember him. "It was very comforting," Hazel said. "There was something special about having the candle in the room. It gave us peace."

Hospice education helps us understand that people don't "get over" the loss of someone they love. In

Hazel's words, the loved ones "accept the loss; they learn how to deal with it."

People can't stay with the grieving person every moment, no matter how much they want to help; there comes a time when the person has to be alone. In that early time of being alone, Hazel remembers experiencing "a quietness that can't be explained."

Personal losses over the years and Hazel's personality, which combines compassion with a hearty sense of humor, have made her a valued volunteer for Caldwell Hospice. She remembers that the volunteer coordinator called once to say, "This family asked for you." Such assurance that she is doing the right thing with the time she spends gave her a "feeling you can't explain to anybody."

A certified nursing assistant called from the Stevens PCU one day to request that Hazel sit with a patient who was experiencing such distress that he could not rest: "If anybody can calm him down, it's you. We need you." The patient did calm down—for a time.

Hazel's emotional support extends to friends and family, as one would imagine. She sat with the mother of one of her neighbors. Since the mother's death, the neighbor thanks Hazel in words and deeds,

leaving apples from her trees with Hazel, knowing that she loves to make fried pies.

Hazel's sense of humor is apparent in the photo at left. For Caldwell Hospice's "Under the Big Top" volunteer banquet this year, Hazel called on a friend who used to be a clown to dress her as a clown—it worked. No one recognized her!



2011 Wish List

Snack foods (ind.-size cakes, cookies, etc.) for patients' families
Ind.-size cereals & soups
Applesauce
Artificial sweetener (Equal, etc.)
Dishwashing cloths
Paper towels
Napkins
Aluminum foil
Storage bags (quart & gallon sizes)
Coffee (cans, regular & decaf)

Styrofoam coffee cups (8-oz.)
Solo cups (16-oz. for soft drinks, tea, etc.)
Paper plates and bowls
Plastic spoons and forks
Large boxes of tissues
Baby wipes, unscented (refill packs)
Liquid soap (8-oz. bottles, etc.)
Lotion (personal size)
Deodorant (personal size)
Toothpaste (travel size)
Mouthwash

Nail clippers
Hair brushes
Bath towels (white only)
Batteries: AA, AAA, and 9-volt
Amazon.com gift cards for teen/children grief books, music, & resources
Music CDs (instrumental, gospel, inspirational, meditation, etc.)
Disposable cameras for patients and families at our Stevens and Forlines patient care units.

Board of Directors Spotlight: James Harper, Jr.



James Harper, Jr. (pictured above, second from right), was recognized for 15 years of service at 2008 Volunteer Banquet; with wife Eleanor.



James Harper, Jr., knew something about Caldwell Hospice from its earliest days. He attended church with some of the founding members, and his aunt Margaret Harper (see photo at bottom of page) bequeathed her house for use by Caldwell Hospice through an agreement with First Presbyterian Church, Lenoir.

When Mr. Harper joined the Board of Directors in 1993, he already “knew most of the board members and their quality.” He was “impressed and flattered to be asked for participation.” All the Board members have busy schedules, he pointed out, but they realize what Caldwell Hospice does and want to be part of it. “We get more than we give,” he said.

Mr. Harper’s favorable impression has been proven over the past 18 years. As Caldwell Hospice has grown, it has remained “an asset to Caldwell County. We’re blessed to have it and the services it provides,” Mr. Harper said.

“Our Caldwell Hospice is the finest,” Mr. Harper continued, “and our staff is professional, dedicated, competent. They are great folks to work with.”

Mr. Harper serves as the Board’s treasurer and he is a member of the Building and Grounds

Committee. In addition to his dedicated service to Caldwell Hospice, Mr. Harper is a member of the Harper School’s board, and he is an elder at First Presbyterian Church, Lenoir. He served on several not-for-profit organizations’ boards over the years until he retired as a vice-president of the former First Union National Bank.

When asked about his hobbies, Mr. Harper replied, “I have grandchildren!” He and his wife Eleanor have one daughter, two sons, and six grandchildren; the oldest is 10, and the youngest is a two-year-old who lives in Texas.

Another topic that made Mr. Harper’s eyes light up was traveling. He usually participates with college-sponsored groups from Davidson, Emory, or Wofford. He has traveled with his wife and with his son Jimmy. When asked about an interesting experience on a trip, he told about a trip to Egypt, when he had the opportunity to ride a short distance on a camel—it was not as comfortable as riding a horse, he pointed out.

Where would Mr. Harper like to go that he hasn’t been yet? Ireland. He’s been by it and flown over it, but not to it, yet. He quoted St. Augustine to prove his point: “The world is a book, and those who do not travel read only a page.”



Photos (L to R): James Harper, Jr., at 2008 CHPC Board Christmas lunch with fellow board member Jimmy Hemphill; his much-loved “Aunt Marg” Harper; James Harper, Jr., in library at Kirkwood.





Caldwell Hospice and Palliative Care, Inc.
Companions for the Journey
 902 Kirkwood Street, NW
 Lenoir, NC 28645
 www.caldwellhospice.org

**NONPROFIT
 ORGANIZATION
 US POSTAGE PAID
 PERMIT NO. 272
 LENOIR, NC**

RETURN SERVICE REQUESTED

In This Issue

Eagle Scout Project for the
 Robbins Center.....1

From the Director’s Chair:
 Residential Hospice Care.....2

A Moment with Dr. Belk:
 Understanding Dementia.....3

Contributions.....4-9

In Remembrance.....9

Volunteer Report.....10

Ashewood Report.....11

Wish List.....12

Board Spotlight:
 James Harper, Jr.13

If you received multiple copies of Carelines or received it in error; if you do not wish to remain on our mailing list or if your address changes, please let us know. Call 828.754.0101, write (address at top of page), or e-mail us at cch@caldwellhospice.org.

Upcoming Events

Healing Hearts Support Group. Aug. 2, 9, 16, 23, 30; Sept. 6, 6 to 7:30 p.m., Ashewood, 1002 Ashe Ave., Lenoir. Six-week group for grieving parents who have lost a child of any age to death.

I Just Want to Help. Aug. 11, 6 to 7:30 p.m., Meeting Room A, Robbins Center, 526 Pine Mtn. Rd., Hudson. Tips, tools, and techniques for supporting someone who is grieving.

“Grief Journal-writing.” Learn at Lunch. Sept. 7, noon to 1:30 p.m., Meeting Room A, Robbins Center, 526 Pine Mtn. Rd., Hudson. Writing as a way to help the grief process.

Understanding Your Suicide Grief. Sept. 1, 8, 15, 22, 29; Oct. 6, 6 to 7:30 p.m., Ashewood, 1002 Ashe Ave., Lenoir. Emotional support in the aftermath of suicide for family and friends. Encouragement and understanding in a safe and caring environment.

Call 754.0101 for information.